

PHYSICAL AND DENTAL EXAMINATION FORM

NAME _____ **DOB** _____ **EXAM DATE** _____

HEIGHT _____ **WEIGHT** _____ **BLOOD PRESSURE** _____ **REFLEXES** _____

VISION: RIGHT 20/ _____ **LEFT 20/** _____ **IS VISION CORECTION NEEDED** _____

EARS _____ **NOSE** _____ **THROAT** _____

DENTAL EXAM _____ **FURTHER ATTENTION NEEDED?** _____

NECK: LYMPH NODES _____ **THYROID** _____

CHEST: APPEARANCE _____ **LUNGS** _____ **HEART** _____

ABDOMEN: APPEARANCE _____ **ENLARGED ORGANS** _____

MASSES _____ **HERNIAS** _____

BACK: SPINE(SCOLIOSIS) _____

GENITALIA: DEVELOPMENT _____ **PUBIC HAIR** _____ **TESTES** _____

AGE OF MENARCHE _____ **# OF DAYS IN PERIOD** _____ **DAYS BETWEEN** _____

DATE OF LAST PERIOD _____ **REGULAR** _____ **CRAMPING** _____

EXTREMITIES: _____ **JOINT FUNCTION** _____

INDICATION OF SUBSTANCE ABUSE? _____

CONTAGIOUS DISEASES _____

PLEASE LIST ANY OPERATIONS, ACCIDENTS, INJURIES: _____

GIVE DATES OF CHILDHOOD DISEASES: _____

PLEASE LIST ANY FOOD AND DRUG ALLERGIES: _____

RECOMMENDATIONS & COMMENTS: _____

I find no cause to prevent this child from participation in scholastic athletics, recreation, or normal physical activity.

Doctor's Signature _____ Date: _____